Week	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Morning	Walking Moderate Walking Hard	Cycling	Free	U3A Committee Meeting Codgers Coffee Club Too	Café Talk Sketching
Week 1 Afternoon	Mahjong Walking Easy Travel & Photography	Chess Readers 2 Conversational French	Current Affairs Too Films Too	Tasting Plates European History	Free
Week 2 Morning	Walking Moderate Walking Hard	Cycling Photography	Conversational Spanish	Codger's Coffee Club	Free
Week 2 Afternoon	Walking Easy	Free	U3A General Meeting	Antiques & Collectibles 2	Math's Number Theory
Week 3 Morning	Walking Moderate Walking Hard	Cycling Classical Music 1	Play Reading Writing For Pleasure	Codgers Coffee Club Too	Café Talk Sketching
Week 3 Afternoon	Walking Easy	Chess Conversational French Wine Appreciation (Evening)	Grazers Lunch Group Art Appreciation Famous & Infamous People	Classical Music 2 Herbs Needlework Myths & Legends Travel & Photography Too	Films & Foreign Films
Week 4 Morning	Walking Moderate Walking Hard	Antiques & Collectibles 1 Cycling Geology Gardening For Pleasure	Conversational Spanish	Genealogy Codger's Coffee Club	Art Explorers
Week 4 Afternoon	Walking Easy Enjoying Our Gardens Flora Friends	Free	Free	Café Readers Current Affairs Religions of the World	Free
Week 5 Morning	Walking Moderate Walking Hard	Cycling	Environment Action		
Week 5 Afternoon	Walking Easy				